

**Race #5**  
**Class 1A Girls 5000M**

# FINAL RESULTS

## TEAM SCORING SUMMARY

<b>Final Standings</b>	<b>Score</b>	<b>Total</b>	<b>Avg.</b>
1 Earlham	91	1:41:39	20:20
2 Madrid	109	1:41:31	20:19
3 Treynor	172	1:45:48	21:10
4 South Winneshiek	173	1:45:38	21:08
5 English Valleys North English	175	1:46:22	21:17
6 Sioux Central Sioux Rapids	181	1:46:04	21:13
7 Alta-Aurelia	192	1:45:10	21:02
8 Lynnville-Sully	203	1:47:11	21:27
9 Panorama Panora	223*	1:47:10	21:26
10 Martensdale-St. Marys	223*	1:47:05	21:25
11 ACGC	232	1:48:53	21:47
12 Maquoketa Valley Delhi	241	1:48:34	21:43
13 Logan-Magnolia	244	1:49:05	21:49
14 Wapsie Valley Fairbank	301	1:51:21	22:17
15 Collins-Maxwell	310	1:54:06	22:50
16 Danville	319	1:53:57	22:48

### \*Tiebreakers

Panorama Panora	7	17	57	70	72	76	91
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Martensdale-St. Marys	4	8	63	68	80	96
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## SPLIT SCORING SUMMARY

### 1 MILE

<b>UNOFFICIAL Standings</b>	<b>Score</b>
1 Madrid	110
2 Earlham	133
3 Sioux Central Sioux Rapids	154
4 English Valleys North English	174
5 Alta-Aurelia	177
6 Treynor	179
6 Lynnville-Sully	179
8 South Winneshiek	180
9 Martensdale-St. Marys	190
10 Maquoketa Valley Delhi	225

<b>UNOFFICIAL Standings</b>		<b>Score</b>
11	Panorama Panora	229
12	Logan-Magnolia	258
13	Wapsie Valley Fairbank	267
14	ACGC	285
15	Collins-Maxwell	306
16	Danville	341

## 2 MILE

<b>UNOFFICIAL Standings</b>		<b>Score</b>
1	Madrid	108
2	Earlham	109
3	South Winneshiek	163
3	Sioux Central Sioux Rapids	163
5	English Valleys North English	171
6	Treynor	172
7	Lynnville-Sully	196
8	Alta-Aurelia	197
9	Panorama Panora	215
9	Martensdale-St. Marys	215
11	ACGC	240
12	Logan-Magnolia	255
13	Maquoketa Valley Delhi	278
14	Wapsie Valley Fairbank	289
15	Collins-Maxwell	307
16	Danville	333

## INDIVIDUAL RESULTS

<b>Athlete</b>	<b>Yr.</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>1 Mile</b>	<b>2 Mile</b>
1	Lili Denton	JR 668	St. Albert Council Bluffs	--	17:59.3	<b>5:29.9 (1)</b>	<b>11:27.3 (1)</b>
2	Nora Peterson	SR 545	Alta-Aurelia	1	18:28.5	5:50.3 (3)	11:49.6 (2)
3	Chloe Glosser	JR 646	Pekin	--	18:31.9	5:49.3 (2)	11:51.2 (3)
4	Katelyn Brandhorst	JR 613	Madrid	2	19:01.2	5:51.1 (4)	12:01.7 (4)
5	Madelyn Grothus	SO 615	Madrid	3	19:09.6	5:51.6 (8)	12:08.8 (7)
6	Kadence Huck	SR 633	Nashua-Plainfield	--	19:11.0	5:51.5 (7)	12:05.1 (6)
7	Lauren Krogmann	SO 669	Starmont	--	19:13.0	5:51.1 (5)	12:04.2 (5)
8	Marie Yoder	SO 598	Hillcrest Academy	--	19:16.6	6:03.9 (21)	12:18.5 (10)
9	Karson Oberender	JR 631	Martensdale-St. Marys	4	19:20.8	5:51.3 (6)	12:15.9 (9)
10	Hallie Kelchen	JR 556	Cascade Western Dubuque	--	19:23.7	6:01.5 (18)	12:21.4 (12)
11	Tyra Schupbach	JR 686	West Bend-Mallard	--	19:26.0	5:56.6 (11)	12:15.2 (8)

<b>Athlete</b>	<b>Yr.</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>1 Mile</b>	<b>2 Mile</b>
12 Audra Burbridge	FR	619	Maquoketa Valley Delhi	5	19:27.4	5:55.5 (10)	12:27.1 (16)
13 Hannah Brandhorst	SO	612	Madrid	6	19:28.2	6:02.7 (19)	12:31.6 (21)
14 Kylie Rochholz	SO	645	Panorama Panora	7	19:32.3	5:53.1 (9)	12:18.8 (11)
15 Lauren Hillesland	JR	637	North Iowa Buffalo Center	--	19:40.4	6:15.9 (47)	12:29.7 (18)
16 Julia Swift	FR	553	Bishop Garrigan Algona	--	19:40.7	6:05.9 (28)	12:30.2 (20)
17 Emmerson Jedlicka	JR	638	North Mahaska New Sharon	--	19:42.5	6:04.8 (23)	12:24.4 (14)
18 Maclaine German	JR	627	Martensdale-St. Marys	8	19:42.8	5:57.4 (13)	12:22.6 (13)
19 Addy Tesch	JR	648	Ridge View	--	19:44.7	6:05.5 (26)	12:30.2 (19)
20 Hannah Frank	SR	579	Earlham	9	19:53.0	6:11.7 (44)	12:43.5 (26)
21 Jayden Peters	SO	564	Collins-Maxwell	10	19:56.6	5:58.9 (15)	12:36.0 (23)
22 Claire Zweibohmer	JR	647	Riceville	--	20:01.8	6:05.1 (24)	12:36.6 (24)
23 Madelyn Reiter	SR	551	Beckman Catholic Dyersville	--	20:03.8	6:20.7 (58)	12:50.2 (39)
24 Allysen Johnsen	JR	600	Logan-Magnolia	11	20:05.4	5:59.5 (16)	12:29.6 (17)
25 Lydia Ives	JR	593	Grand View Christian School	--	20:06.0	6:09.0 (36)	12:47.1 (31)
26 Linnea Bloom	SR	651	Sioux Central Sioux Rapids	12	20:07.1	6:12.0 (45)	12:48.5 (34)
27 Mandeesa Vos	FR	611	Lynnville-Sully	13	20:07.6	6:09.9 (41)	12:49.9 (37)
28 Ava Campbell	SR	534	ACGC	14	20:08.6	5:57.1 (12)	12:24.9 (15)
29 Iris Melody	JR	658	South Central Calhoun	--	20:09.1	6:08.4 (31)	12:39.0 (25)
30 Adyson Lapel	SR	688	Woodbine Community	--	20:12.4	6:03.0 (20)	12:43.6 (28)
31 Kinsley Canoyer	FR	578	Earlham	15	20:12.8	6:25.0 (68)	13:02.0 (48)
32 Siena Stanerson	JR	597	Hillcrest Academy	--	20:13.5	6:16.3 (49)	12:50.8 (41)
33 Taylor Rodgers	SR	582	Earlham	16	20:14.0	6:25.0 (67)	13:03.3 (52)
34 Laicey Lutz	SO	642	Panorama Panora	17	20:15.6	6:08.5 (33)	12:44.7 (29)
35 Ava Franzen	SO	659	South Winneshiek	18	20:16.5	6:18.1 (53)	12:51.1 (42)
36 Abbi Waskow	SO	577	Dunkerton	--	20:18.0	6:01.5 (17)	12:34.6 (22)
37 Lydia Parlee	JR	594	Grand View Christian School	--	20:19.5	6:08.8 (34)	12:47.2 (33)
38 Danika Meyer	FR	635	Newell-Fonda	--	20:21.2	6:08.1 (30)	12:46.2 (30)
39 Adalynn Kane	FR	681	Wapsie Valley Fairbank	19	20:21.7	6:10.5 (43)	12:50.1 (38)
40 Tess Weiner	SO	636	Newman Catholic Mason City	--	20:24.5	6:09.6 (40)	12:54.0 (43)
41 Mackenzie Harger	JR	580	Earlham	20	20:25.1	6:10.1 (42)	12:50.6 (40)
42 Chloe Broer	JR	687	West Monona Onawa	--	20:27.0	6:05.6 (27)	12:49.1 (35)
43 Kaleigh Harvey	SR	666	Southeast Warren Liberty Center	--	20:27.4	6:18.6 (54)	13:03.1 (51)
44 Hailey Cue	SO	554	Boyer Valley Dunlap	--	20:27.5	6:09.0 (37)	12:49.4 (36)
45 Madison Sporrer	SR	603	Logan-Magnolia	21	20:28.4	6:16.9 (50)	12:55.2 (44)
46 Elizabeth Erickson	SO	567	Colo-Nesco	--	20:33.3	5:57.8 (14)	12:43.6 (27)
47 Marley Madsen	JR	654	Sioux Central Sioux Rapids	22	20:34.5	6:23.7 (64)	13:06.7 (53)
48 Anna Luers	FR	591	English Valleys North English	23	20:38.1	6:05.4 (25)	12:47.1 (32)
49 Amadelaid Benitez	FR	650	Sibley-Ocheyedan	--	20:41.5	6:04.1 (22)	13:02.4 (49)
50 Taryn Burbridge	JR	620	Maquoketa Valley Delhi	24	20:41.9	6:06.4 (29)	12:58.4 (46)
51 Alaina Gourley	JR	571	Danville	25	20:42.7	6:13.8 (46)	13:08.5 (55)

<b>Athlete</b>	<b>Yr.</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>1 Mile</b>	<b>2 Mile</b>
52 Lila Powers	JR	649	Saint Ansgar	--	20:43.2	6:08.8 (35)	12:56.1 (45)
53 Annie Hageman	SO	660	South Winneshiek	26	20:43.4	6:23.1 (61)	13:09.2 (56)
54 Breyer Anderson	SR	542	Alta-Aurelia	27	20:43.8	6:09.2 (38)	13:03.0 (50)
55 Maddy Jansen	JR	661	South Winneshiek	28	20:46.4	6:21.3 (59)	13:07.4 (54)
56 Mareni Brabec	JR	634	Newell-Fonda	--	20:46.7	6:08.4 (32)	12:59.1 (47)
57 Kalia Stover	SR	550	BCLUW Conrad	--	20:48.6	6:09.5 (39)	13:13.9 (61)
58 Aaliyah Causey	FR	568	Columbus Catholic Waterloo	--	20:48.8	6:33.8 (84)	13:21.8 (65)
59 Madalyn Kerkmann	FR	670	Treynor	29	20:48.9	6:24.6 (65)	13:12.7 (58)
60 Anne Miller	SO	673	Treynor	30	20:49.0	6:23.6 (62)	13:13.2 (60)
61 Amanda Smith	JR	583	Earlham	31	20:53.4	6:29.4 (73)	13:22.3 (68)
62 Fiona McGill	FR	605	Louisa-Muscatine	--	20:58.0	6:17.7 (51)	13:12.6 (57)
63 Hayden Berkland	JR	543	Alta-Aurelia	32	20:59.6	6:20.0 (57)	13:21.2 (63)
64 Keira Diehm	SO	595	Heartland Christian	--	21:05.1	6:19.3 (55)	13:12.7 (59)
65 Emma Parkinson	SO	608	Lynnville-Sully	33	21:07.4	6:33.8 (83)	13:35.6 (78)
66 Madeline Knispel	JR	671	Treynor	34	21:08.5	6:29.8 (74)	13:31.4 (71)
67 Whitney Brady	FR	585	East Buchanan Winthrop	--	21:10.1	6:15.9 (48)	13:32.1 (72)
68 Taylor Leahy	SO	557	Central Decatur Leon	--	21:10.2	6:30.3 (75)	13:21.8 (66)
69 Campbelle Oshirak	SR	547	Ankeny Christian Academy	--	21:11.9	6:19.5 (56)	13:16.8 (62)
70 Addison Achenbach	SO	586	English Valleys North English	35	21:12.4	6:34.5 (89)	13:35.0 (76)
71 Nora Christian	JR	652	Sioux Central Sioux Rapids	36	21:14.3	6:26.5 (69)	13:22.0 (67)
72 Iris Garza	SO	569	Columbus Community Columbus Junction	--	21:16.7	6:18.1 (52)	13:21.3 (64)
73 Grace Steinmetz	SR	596	Heartland Christian	--	21:20.1	6:22.1 (60)	13:34.9 (75)
74 Addison Merritt	SO	667	Springville	--	21:21.9	6:26.9 (70)	13:30.3 (70)
75 Kayley Snowgren	SO	678	Van Buren County	--	21:23.7	6:30.6 (77)	13:35.9 (79)
76 Aubrey Achenbach	SO	587	English Valleys North English	37	21:24.0	6:34.2 (86)	13:36.9 (80)
77 Kenzingten Scheckel	FR	552	Bellevue	--	21:27.4	6:27.5 (72)	13:34.3 (73)
78 Kailor Lown	SO	590	English Valleys North English	38	21:28.5	6:34.1 (85)	13:35.4 (77)
79 Ryleigh Thomas	SR	674	Treynor	39	21:30.4	6:30.6 (78)	13:29.8 (69)
80 Lilly Yochum	JR	676	Treynor	40	21:30.7	6:39.4 (97)	13:44.7 (88)
81 Olivia Norrish	SR	607	Lynnville-Sully	41	21:33.0	6:32.1 (80)	13:37.1 (81)
82 Ashlynn Hosbond	FR	559	Colfax-Mingo	--	21:33.9	6:24.8 (66)	13:38.1 (82)
83 Kaylynn Caster	FR	588	English Valleys North English	42	21:39.2	6:34.4 (87)	13:41.6 (85)
84 Cadence Petersen	SO	538	ACGC	43	21:39.9	6:44.1 (107)	13:54.2 (94)
85 Jayla Hoover	SR	536	ACGC	44	21:40.5	6:48.4 (117)	13:55.9 (96)
86 Bloom Karina	SO	653	Sioux Central Sioux Rapids	45	21:42.2	6:23.7 (63)	13:34.6 (74)
87 Rylee Philips	JR	677	Van Buren County	--	21:43.8	6:33.7 (82)	13:42.6 (86)
88 Abby Kemp	SR	549	BCLUW Conrad	--	21:45.3	6:27.1 (71)	13:39.1 (83)

<b>Athlete</b>	<b>Yr.</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>1 Mile</b>	<b>2 Mile</b>
89 Lauren Ondrashek	SO	663	South Winneshiek	46	21:46.5	6:38.7 (96)	13:43.6 (87)
90 Addyson Schreck	SR	558	Central Decatur Leon	--	21:51.7	6:30.3 (76)	13:40.0 (84)
91 Mila Grothus	SR	616	Madrid	47	21:54.1	6:37.0 (92)	13:47.3 (89)
92 Adalyn Benson	SR	533	ACGC	48	21:55.2	6:48.4 (116)	13:56.6 (97)
93 Haedyn Hall	SR	599	Logan-Magnolia	49	21:56.5	6:40.3 (101)	13:58.8 (103)
94 Triona Scott	JR	565	Collins-Maxwell	50	21:56.6	6:38.4 (95)	13:49.6 (90)
95 Adelyn White	SO	618	Madrid	51	21:57.6	6:37.7 (93)	13:53.0 (92)
96 Peyton Sharp	SO	609	Lynnvile-Sully	52	21:58.4	6:35.4 (91)	13:54.7 (95)
97 Delaney Newberry	SO	574	Danville	53	22:00.8	6:47.1 (111)	14:03.8 (107)
98 Alexis Halverson	SR	623	Maquoketa Valley Delhi	54	22:02.0	6:40.1 (100)	
99 Izzy Kuboushek	SR	662	South Winneshiek	55	22:04.6	6:41.3 (102)	13:52.3 (91)
100 Cypress Erickson	JR	560	Collins-Maxwell	56	22:05.0	6:38.0 (94)	13:58.6 (102)
101 Maddy Lutz	SR	643	Panorama Panora	57	22:05.3	6:48.8 (119)	14:01.0 (105)
102 Maya Barnes	JR	679	Wapsie Valley Fairbank	58	22:06.4	6:39.6 (98)	13:57.1 (98)
103 Lainey Buckendahl	JR	544	Alta-Aurelia	59	22:13.0	7:11.0 (134)	14:24.9 (121)
104 Abby Arnett	SR	570	Danville	60	22:17.5	6:48.5 (118)	14:04.1 (108)
105 Tessa Phillips	JR	664	South Winneshiek	61	22:18.0	6:47.6 (112)	14:03.6 (106)
106 Karissa Wenthold	SR	665	South Winneshiek	62	22:19.2	6:42.7 (105)	13:58.3 (100)
107 Makayla TRUE	SR	548	Baxter	--	22:20.3	6:31.8 (79)	14:12.0 (111)
108 Ellie Baker	SR	626	Martensdale-St. Marys	63	22:20.8	6:40.0 (99)	13:59.7 (104)
109 Breah Lowry	FR	606	Lynnvile-Sully	64	22:24.2	6:34.5 (88)	13:54.1 (93)
110 Jaylin May	SR	682	Wapsie Valley Fairbank	65	22:24.3	6:43.6 (106)	14:08.6 (109)
111 Violet Sangwin	FR	655	Sioux Central Sioux Rapids	66	22:25.7	6:34.7 (90)	13:58.1 (99)
112 Cece Stanley	JR	584	Earlham	67	22:26.9	6:47.8 (113)	14:16.2 (115)
113 Elizabeth Moore	SO	629	Martensdale-St. Marys	68	22:28.3	6:51.0 (123)	14:09.2 (110)
114 Andyn White	SR	675	Treynor	69	22:32.1	6:55.5 (127)	14:22.0 (117)

<b>Athlete</b>	<b>Yr.</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>1 Mile</b>	<b>2 Mile</b>
115 Nella Rivas	FR	644	Panorama Panora	70	22:32.6	6:57.5 (128)	14:22.5 (118)
116 Breanna Bush	FR	621	Maquoketa Valley Delhi	71	22:43.5	6:41.3 (104)	13:58.6 (101)
117 Almiranda Burnett	JR	639	Panorama Panora	72	22:43.6	6:46.8 (109)	14:14.9 (112)
118 Bree Anderson	FR	541	Alta-Aurelia	73	22:44.3	6:41.3 (103)	14:15.5 (113)
119 Kaylee Frazier	JR	589	English Valleys North English	74	22:53.1	6:54.9 (126)	14:23.9 (120)
120 Brinley Boehme	FR	680	Wapsie Valley Fairbank	75	22:54.3	6:48.0 (114)	14:18.3 (116)
121 Mary Fett	JR	640	Panorama Panora	76	22:58.1	6:48.9 (120)	14:15.8 (114)
122 Shea Rodgers	SO	581	Earlham	77	23:00.0	6:53.0 (124)	14:30.1 (122)
123 Tegan Robertson	SO	546	Alta-Aurelia	78	23:03.9	6:54.5 (125)	14:22.9 (119)
124 Addy Henkelvig	SO	572	Danville	79	23:05.8	7:01.7 (129)	14:39.1 (127)
125 Mariah Falkena	SR	555	Boyer Valley Dunlap	--	23:08.2	6:33.2 (81)	14:30.5 (123)
126 Maryann Hart	SR	628	Martensdale-St. Marys	80	23:12.1	6:46.9 (110)	14:36.3 (125)
127 Mykah Robbins	SO	601	Logan-Magnolia	81	23:14.4	7:08.4 (133)	14:45.4 (129)
128 Ava Rowe	SR	602	Logan-Magnolia	82	23:20.5	7:05.0 (130)	14:46.6 (130)
129 Paige Van Meter	SR	539	ACGC	83	23:28.2	6:50.8 (122)	14:30.5 (124)
130 Adelynn Wierck	JR	685	Wapsie Valley Fairbank	84	23:33.8	7:07.8 (132)	15:03.6 (131)
131 Quinn Wilkinson	JR	657	Sioux Central Sioux Rapids	85	23:35.4	6:49.8 (121)	14:38.8 (126)
132 Emmarae Ellis	SR	535	ACGC	86	23:38.0	7:12.2 (135)	15:03.8 (132)
133 Bianka Ronnebaum	SR	625	Maquoketa Valley Delhi	87	23:39.0	7:17.8 (141)	15:12.9 (136)
134 Ari Mundy	SO	617	Madrid	88	23:43.1	7:18.5 (142)	15:08.0 (133)
135 Adaline Jolly	FR	562	Collins-Maxwell	89	23:45.6	7:17.1 (140)	15:12.2 (135)
136 Ava Meyer	SO	683	Wapsie Valley Fairbank	90	23:55.6	6:48.0 (115)	14:43.7 (128)

<b>Athlete</b>	<b>Yr.</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>1 Mile</b>	<b>2 Mile</b>
137 Corrie Knapp	FR	641	Panorama Panora	91	24:01.6	7:13.0 (136)	15:20.5 (139)
138 Elsie Mausbach	JR	672	Treynor	92	24:04.4	7:13.9 (137)	15:13.9 (137)
139 Miriam Rulapaugh	JR	684	Wapsie Valley Fairbank	93	24:10.4	7:14.3 (138)	15:15.0 (138)
140 Ashlyn Burkhart	FR	614	Madrid	94	24:17.0	7:20.7 (143)	15:23.2 (140)
141 Lillie Lauzon	FR	537	ACGC	95	24:21.5	7:07.1 (131)	15:09.5 (134)
142 Myla Nehring	SO	630	Martensdale-St. Marys	96	24:27.1	7:16.4 (139)	15:30.2 (141)
143 Abigail Ver Ploeg	FR	610	Lynnville-Sully	97	24:59.1	7:22.8 (145)	15:38.2 (142)
144 Ava Worley	SR	604	Logan-Magnolia	98	25:04.0	7:36.0 (149)	15:54.3 (146)
145 Matilyn Trierweiler	JR	656	Sioux Central Sioux Rapids	99	25:06.6	7:22.5 (144)	15:41.0 (143)
146 Jada Knipper	SR	624	Maquoketa Valley Delhi	100	25:23.7	7:34.5 (148)	15:58.9 (147)
147 Kiera Aberson	FR	540	Alta-Aurelia	101	25:29.8	7:24.8 (147)	15:52.1 (145)
148 Zoey Rogers	SO	576	Danville	102	25:49.8	7:23.5 (146)	15:50.4 (144)
149 Ava Orth	JR	575	Danville	103	26:05.2	8:02.2 (151)	16:33.5 (148)
150 McKenna Bush	SR	622	Maquoketa Valley Delhi	104	26:18.0	7:55.6 (150)	16:33.8 (149)
151 Elizabeth Vaskova	SR	566	Collins-Maxwell	105	26:21.9	8:02.8 (152)	16:35.0 (150)
152 Celia Horn	JR	573	Danville	106	27:37.4	8:15.0 (154)	17:26.2 (151)
153 Ava Hyde	JR	561	Collins-Maxwell	107	28:05.1	8:03.3 (153)	18:02.3 (152)
154 Emily Sieren	FR	592	English Valleys North English	108	29:25.8	9:12.2 (156)	18:53.1 (154)
155 Gianna Pitcherello	SR	563	Collins-Maxwell	109	29:30.7	8:53.0 (155)	18:38.4 (153)
Penelope Wearmouth	SO	632	Martensdale-St. Marys	--		6:46.6 (108)	

**Race #6**  
**Class 1A Boys 5000M**

## FINAL RESULTS

### TEAM SCORING SUMMARY

<b>Final Standings</b>	<b>Score</b>	<b>Total</b>	<b>Avg.</b>
1 Lake Mills	88	1:24:30	16:54
2 Ankeny Christian Academy	132	1:26:36	17:20
3 Woodbine Community	144	1:26:30	17:18
4 Ogden	152	1:27:00	17:24
5 Riverside Oakland	171	1:26:57	17:24
6 Earlham	179	1:27:51	17:35
7 Danville	197	1:28:07	17:38
8 Sioux Central Sioux Rapids	211	1:28:33	17:43
9 St. Edmond Fort Dodge	221	1:28:33	17:43
10 ACGC	224	1:29:07	17:50
11 Tri-Center Neola	232	1:29:18	17:52
12 Columbus Community Columbus Junction	277	1:30:36	18:08
13 Van Buren County	286	1:31:00	18:12
14 Lynnville-Sully	302	1:31:20	18:16
15 Springville	308	1:31:23	18:17
16 Baxter	328	1:33:36	18:44

### SPLIT SCORING SUMMARY

#### 1 MILE

<b>UNOFFICIAL Standings</b>	<b>Score</b>
1 Lake Mills	79
2 Woodbine Community	115
3 Danville	148
4 Ankeny Christian Academy	151
5 Sioux Central Sioux Rapids	182
6 ACGC	218
7 Riverside Oakland	224
8 Ogden	228
9 Springville	229
10 Van Buren County	230
11 Columbus Community Columbus Junction	232
12 Tri-Center Neola	261
13 Earlham	264
14 Lynnville-Sully	287



<b>UNOFFICIAL Standings</b>			<b>Score</b>
15	St. Edmond Fort Dodge		289
16	Baxter		332

## 2 MILE

<b>UNOFFICIAL Standings</b>			<b>Score</b>
1	Lake Mills		79
2	Woodbine Community		127
3	Ankeny Christian Academy		159
4	Danville		179
5	Earlham		188
6	Riverside Oakland		189
7	Ogden		192
8	Sioux Central Sioux Rapids		197
9	ACGC		228
10	St. Edmond Fort Dodge		244
11	Tri-Center Neola		255
12	Columbus Community Columbus Junction		264
13	Springville		267
14	Van Buren County		281
15	Lynnville-Sully		289
16	Baxter		323

## INDIVIDUAL RESULTS

<b>Athlete</b>	<b>Yr.</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>1 Mile</b>	<b>2 Mile</b>
1	Gavin Grunhovd	SR	773	North Iowa Buffalo Center	--	15:57.5	<b>4:57.9 (1)</b> <b>10:04.8 (1)</b>
2	Gunner Wagner	SR	845	Woodbine Community	1	16:05.2	4:58.2 (4) 10:13.6 (4)
3	Matthew Schaul	SR	765	Maquoketa Valley Delhi	--	16:06.2	4:58.1 (3) 10:13.5 (3)
4	Gage Heyne	SR	742	English Valleys North English	--	16:08.9	4:58.0 (2) 10:06.4 (2)
5	Hayden Thompson	JR	753	Lake Mills	2	16:12.0	5:01.8 (8) 10:19.6 (6)
6	Anthony Valles	JR	821	St. Edmond Fort Dodge	3	16:14.4	4:58.6 (6) 10:16.5 (5)
7	Ben Byers	JR	795	Sibley-Ocheyedan	--	16:26.0	5:13.4 (34) 10:42.2 (26)
8	Matt Richardson	SR	710	Baxter	4	16:29.2	4:58.2 (5) 10:22.7 (7)
9	Kohlby Newsom	SR	839	Winfield-Mt. Union	--	16:29.4	5:10.6 (29) 10:40.4 (24)
10	Knute Rogne	JR	751	Lake Mills	5	16:31.2	5:03.8 (15) 10:25.6 (9)
11	Dawson Henderson	JR	790	Riverside Oakland	6	16:31.6	5:03.0 (10) 10:30.0 (12)
12	Max Handorf	SO	706	Baxter	7	16:31.9	5:04.0 (16) 10:26.7 (10)
13	Jackson Shacklett	SR	728	Danville	8	16:32.2	5:00.3 (7) 10:25.3 (8)
14	Lucos Wernimont	SO	804	Sioux Central Sioux Rapids	9	16:34.8	5:04.3 (21) 10:29.7 (11)
15	Kade Van Roekel	SR	754	Lake Mills	10	16:35.9	5:07.0 (24) 10:32.0 (16)

<b>Athlete</b>	<b>Yr.</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>1 Mile</b>	<b>2 Mile</b>
16 Brody Henderson	JR	789	Riverside Oakland	11	16:37.4	5:06.4 (22)	10:35.3 (19)
17 Levi Benesh	JR	775	North Linn Troy Mills	--	16:42.7	5:06.6 (23)	10:33.3 (17)
18 Alex Davis	JR	698	Ankeny Christian Academy	12	16:46.1	5:03.3 (12)	10:34.4 (18)
19 Jude Dykstra	JR	837	WACO Wayland	--	16:46.6	5:07.0 (25)	10:38.2 (23)
20 Jace Matern	SR	717	Columbus Catholic Waterloo	--	16:47.4	5:04.2 (18)	10:30.8 (14)
21 Justin Wagner	JR	747	Kee Lansing	--	16:47.8	5:07.3 (27)	10:38.2 (22)
22 Jude Benbow	SR	777	Ogden	13	16:49.1	5:04.3 (20)	10:31.5 (15)
23 Haven Weers	FR	828	Tri-Center Neola	14	16:53.8	5:10.5 (28)	10:42.7 (27)
24 Noah Poldberg	SR	1119	Panorama Panora	--	16:54.8	5:07.1 (26)	10:41.8 (25)
25 Ty Muniz	SR	721	Columbus Community Columbus Junction	15	16:57.7	5:03.3 (14)	10:35.9 (20)
26 Aidan Brady	JR	838	Wapsie Valley Fairbank	--	16:57.9	5:03.2 (11)	10:30.7 (13)
27 Lincoln Bainbridge	JR	830	Van Buren County	16	17:01.1	5:02.0 (9)	10:37.4 (21)
28 Colton Alberts	SO	758	Lynnville-Sully	17	17:03.1	5:15.0 (39)	10:47.7 (29)
29 Liam Shannon	SR	820	St. Edmond Fort Dodge	18	17:04.5	5:20.6 (52)	10:56.1 (34)
30 Jacob Lauderville	JR	696	Alta-Aurelia	--	17:04.5	5:14.2 (37)	10:54.0 (32)
31 Hugh Conway	FR	806	South Winneshiek	--	17:06.5	5:26.5 (71)	10:57.1 (36)
32 Dawson Braet	SO	734	Earlham	19	17:09.9	5:33.6 (102)	11:06.6 (53)
33 David Nichols	SO	738	Earlham	20	17:10.3	5:28.1 (78)	10:58.2 (39)
34 Race Starr	SR	733	Durant	--	17:13.3	5:21.1 (55)	10:57.5 (37)
35 Aiden Summerfield	FR	844	Woodbine Community	21	17:13.5	5:13.9 (36)	10:52.6 (31)
36 Holden Jensen	SR	745	Griswold	--	17:15.3	5:16.3 (41)	10:58.7 (40)
37 Evan Estrada	SR	842	Woodbine Community	22	17:15.8	5:18.5 (44)	10:56.7 (35)
38 Dane Gorham	SO	714	Boyer Valley Dunlap	--	17:18.1	5:11.2 (30)	10:58.0 (38)
39 Parker Heisterkamp	SR	814	St. Albert Council Bluffs	--	17:19.4	5:03.3 (13)	10:48.7 (30)
40 Jack Christian	JR	800	Sioux Central Sioux Rapids	23	17:21.0	5:24.0 (61)	11:06.0 (51)
41 Stephen Brandenburg	JR	748	Lake Mills	24	17:21.3	5:13.4 (35)	10:54.9 (33)
42 Myles Tromblay	FR	781	Ogden	25	17:22.1	5:31.3 (90)	11:10.0 (62)
43 Ethen Brough	SR	744	Grand View Christian School	--	17:23.0	5:14.3 (38)	10:59.7 (44)
44 Henry Peterson	SR	732	Dunkerton	--	17:23.1	5:04.2 (19)	10:42.7 (28)
45 Cayden Fry	JR	699	Ankeny Christian Academy	26	17:23.3	5:26.2 (67)	11:08.2 (58)
46 Gavin Sloss	SR	695	ACGC	27	17:24.0	5:13.1 (33)	11:03.8 (49)
47 Zachary Gardner	SO	700	Ankeny Christian Academy	28	17:25.0	5:26.4 (69)	11:08.5 (59)
48 Donovan Braet	JR	735	Earlham	29	17:25.6	5:32.1 (96)	11:14.7 (69)
49 Charlie McLaughlin	SO	702	Ankeny Christian Academy	30	17:25.7	5:26.4 (70)	11:08.5 (60)
50 Aiden Rangel	SR	768	Missouri Valley	--	17:26.0	5:18.7 (45)	11:00.6 (46)
51 Preston Kent	SO	693	ACGC	31	17:26.5	5:19.5 (47)	11:03.1 (47)
52 Cale Reiter	SR	796	Sibley-Ocheyedan	--	17:28.3	5:23.1 (57)	11:10.2 (63)
53 Evan Wham	JR	829	Tri-Center Neola	32	17:28.8	5:30.3 (86)	11:17.0 (77)

<b>Athlete</b>	<b>Yr.</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>1 Mile</b>	<b>2 Mile</b>
54 Ezra Almelien	SO	772	North Butler Greene	--	17:29.7	5:23.4 (60)	11:05.6 (50)
55 Landry Loeffler	SO	833	Van Buren County	33	17:30.1	5:22.0 (56)	11:08.1 (57)
56 Caden Lerdal	SR	780	Ogden	34	17:30.3	5:31.4 (93)	11:17.0 (78)
57 Cole Millikin	JR	785	Pekin	--	17:31.5	5:20.3 (50)	11:07.5 (54)
58 Connor Kilburg	JR	713	Bellevue	--	17:32.0	5:21.0 (53)	10:58.8 (41)
59 Gavin Holst	SR	715	Central Elkader	--	17:33.4	5:18.0 (42)	11:00.2 (45)
60 Cayden White	SR	711	BCLUW Conrad	--	17:34.2	5:04.0 (17)	10:59.3 (43)
61 Nick Powell	SR	727	Danville	35	17:34.3	5:18.0 (43)	11:09.0 (61)
62 Ryan Greve	SO	786	Prince of Peace Catholic Clinton	--	17:34.3	5:27.9 (77)	11:15.3 (70)
63 Thomas Hurst	SR	701	Ankeny Christian Academy	36	17:35.0	5:27.1 (73)	11:17.9 (83)
64 Noah Horn	JR	726	Danville	37	17:35.2	5:15.3 (40)	11:03.6 (48)
65 Thomas Bergstrom	SO	778	Ogden	38	17:36.4	5:34.0 (103)	11:22.3 (89)
66 Hendrick Lowry	SR	761	Lynnville-Sully	39	17:37.4	5:24.4 (63)	11:07.7 (56)
67 Brennan Boden	SR	823	Tri-Center Neola	40	17:38.6	5:30.1 (85)	11:17.3 (80)
68 Adam Barry	SR	840	Woodbine Community	41	17:40.5	5:19.1 (46)	11:06.5 (52)
69 Jackson Walter	SO	815	St. Albert Council Bluffs	--	17:41.8	5:27.3 (74)	11:16.1 (72)
70 Brady Van Sickle	SR	782	Ogden	42	17:42.1	5:31.3 (91)	11:23.6 (92)
71 Josh Skinner	JR	811	Springville	43	17:43.3	5:26.6 (72)	11:17.2 (79)
72 Isaac Shinn	JR	730	Danville	44	17:44.2	5:20.5 (51)	11:13.4 (67)
73 Lucas Braun	SR	770	MMCRU	--	17:44.9	5:25.4 (65)	11:16.1 (73)
74 Peyton Roth	SR	746	HLV Victor	--	17:45.1	5:33.6 (101)	11:23.4 (90)
75 Noah Kading	SR	692	ACGC	45	17:46.0	5:28.2 (79)	11:18.4 (84)
76 Kenyon Baker	JR	764	Maquoketa Valley Delhi	--	17:46.1	5:12.4 (32)	11:11.1 (65)
77 Xavier Rangel	SR	769	Missouri Valley	--	17:46.2	5:24.6 (64)	11:07.5 (55)
78 Troy Klett	JR	798	Sigourney	--	17:46.8	5:36.8 (116)	11:23.9 (93)
79 Leighton Sippel	SR	803	Sioux Central Sioux Rapids	46	17:48.0	5:29.0 (81)	11:17.5 (81)
80 Lane Rygh	SO	752	Lake Mills	47	17:48.8	5:23.2 (58)	11:16.1 (74)
81 Gavin Ryner	SR	716	Central Springs	--	17:49.1	5:35.3 (109)	11:16.7 (76)
82 Jayden Grunhovd	FR	774	North Iowa Buffalo Center	--	17:49.7	5:23.4 (59)	11:10.4 (64)
83 Mason Dahlstrom	SO	784	Pekin	--	17:50.4	5:20.2 (49)	11:14.0 (68)
84 Levi Oder-Westrum	SR	819	St. Edmond Fort Dodge	48	17:50.7	5:35.9 (112)	11:26.0 (97)
85 Teegan Dorenkamp	SR	766	Martensdale-St. Marys	--	17:51.6	5:20.0 (48)	11:11.4 (66)
86 Gabe Winkelmann	FR	771	Nodaway Valley	--	17:51.8	5:30.6 (87)	11:20.6 (86)
87 Owen Fenner	SO	788	Riverside Oakland	49	17:53.2	5:34.3 (105)	11:27.5 (101)
88 Jack Stamp	SR	812	Springville	50	17:53.4	5:11.8 (31)	10:59.0 (42)
89 Cruz Jaquez	SO	792	Riverside Oakland	51	17:53.5	5:34.4 (106)	11:16.5 (75)
90 Isaac Frazier	FR	741	English Valleys North English	--	17:53.9	5:34.8 (108)	11:25.4 (96)
91 Cade Storm	SO	722	Columbus Community Columbus Junction	52	17:54.5	5:24.2 (62)	11:17.7 (82)

<b>Athlete</b>	<b>Yr.</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>1 Mile</b>	<b>2 Mile</b>
92 Blake Wilmesmeier	SO	763	Lynnvile-Sully	53	17:55.0	5:30.6 (88)	11:18.9 (85)
93 Odin Hanson	JR	787	Ridge View	--	17:59.9	5:25.8 (66)	11:21.3 (87)
94 Eli Hudnall	FR	791	Riverside Oakland	54	18:01.0	5:44.6 (123)	11:40.6 (113)
95 Griffin Messer	JR	737	Earlham	55	18:01.1	5:27.3 (75)	11:15.3 (71)
96 Brodie Davis	SO	755	Logan-Magnolia	--	18:02.8	5:31.8 (95)	11:31.7 (103)
97 Blake Tiemeyer	SR	740	Earlham	56	18:03.8	5:36.1 (114)	11:32.2 (105)
98 Royce Peterson	JR	750	Lake Mills	57	18:04.7	5:32.7 (98)	11:27.1 (99)
99 Tate Fever	JR	690	ACGC	58	18:09.3	5:35.3 (110)	11:35.5 (109)
100 Isaiah Wheeldon	SO	767	Martensdale-St. Marys	--	18:09.9	5:26.3 (68)	11:23.5 (91)
101 Hayden Riggan	JR	756	Louisa-Muscatine	--	18:11.6	5:27.8 (76)	11:24.2 (94)
102 Austin Rasmussen	JR	743	Exira/Elk Horn-Kimballton	--	18:13.8	5:28.2 (80)	11:27.6 (102)
103 Owen Wingert	SR	846	Woodbine Community	59	18:14.4	5:30.0 (84)	11:32.1 (104)
104 Noah Derrick	SO	808	Springville	60	18:15.1	5:30.9 (89)	11:26.8 (98)
105 Luke Reitsma	JR	703	Ankeny Christian Academy	61	18:16.1	5:34.7 (107)	11:34.2 (107)
106 Ryan Villa	SO	724	Columbus Community Columbus Junction	62	18:16.3	5:33.1 (99)	11:27.2 (100)
107 Carter Buttry	SO	797	Sidney	--	18:18.8	5:21.1 (54)	11:21.8 (88)
108 Jonny Kading	SO	691	ACGC	63	18:20.4	5:35.8 (111)	11:35.7 (110)
109 Nicholas Dahir	JR	824	Tri-Center Neola	64	18:20.9	5:35.9 (113)	11:39.0 (112)
110 Landon Driver	8	801	Sioux Central Sioux Rapids	65	18:21.4	5:31.5 (94)	11:24.9 (95)
111 James McCready	SO	793	Riverside Oakland	66	18:25.5	5:44.7 (125)	11:43.1 (115)
112 Gavin Noll	JR	835	Van Buren County	67	18:25.9	5:32.3 (97)	11:38.2 (111)
113 Taylon Withers	JR	805	Sioux Central Sioux Rapids	68	18:26.9	5:29.5 (82)	11:34.8 (108)
114 Jonah Carlson	JR	816	St. Edmond Fort Dodge	69	18:27.5	5:48.0 (135)	11:45.1 (116)
115 Jeremy Nickodemus	JR	810	Springville	70	18:30.5	5:31.3 (92)	11:33.9 (106)
116 Drake Marin	SO	720	Columbus Community Columbus Junction	71	18:39.0	5:40.9 (120)	11:45.6 (117)
117 Brody Beeler	SO	689	ACGC	72	18:39.5	5:47.6 (134)	11:48.4 (120)

<b>Athlete</b>	<b>Yr.</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>1 Mile</b>	<b>2 Mile</b>
118 Yaley Trevor	JR	731	Danville	73	18:40.5	5:37.2 (117)	11:51.5 (122)
119 Joseph Charlson	SO	749	Lake Mills	74	18:43.0	5:45.1 (127)	11:53.1 (125)
120 Kayden Farris	SO	831	Van Buren County	75	18:43.8	5:29.7 (83)	11:42.5 (114)
121 Landon Abbott	JR	776	Ogden	76	18:43.9	5:44.9 (126)	11:52.4 (123)
122 Bryan Tlatenchi	SR	723	Columbus Community Junction	77	18:48.0	5:34.2 (104)	11:46.7 (119)
123 Payton Dickson	FR	736	Earlham	78	18:48.2	5:46.8 (133)	12:00.8 (128)
124 Colin Christian	8	799	Sioux Central Sioux Rapids	79	18:49.8	5:37.7 (118)	11:52.7 (124)
125 Elias Gonzalez Bravo	FR	719	Columbus Community Junction	80	18:53.2	5:36.4 (115)	11:49.8 (121)
126 Joshua Hoffman	SR	802	Sioux Central Sioux Rapids	81	18:54.1	5:33.3 (100)	11:46.0 (118)
127 Kyle McDonald	SR	826	Tri-Center Neola	82	18:55.2	5:45.4 (128)	12:01.8 (130)
128 Erik Larson	SO	818	St. Edmond Fort Dodge	83	18:55.8	5:56.1 (145)	
129 Paxtyn Meek	SR	794	Riverside Oakland	84	18:57.6	5:42.8 (121)	11:57.2 (126)
130 Tyler Taube	SO	813	Springville	85	19:00.4	5:37.7 (119)	12:01.3 (129)
131 Xander Johnson	SR	843	Woodbine Community	86	19:03.5	5:46.2 (130)	12:01.9 (131)
132 Palmer Hickingbottom	JR	779	Ogden	87	19:04.9	5:53.4 (144)	12:06.5 (132)
133 Blake Petersen	SR	739	Earlham	88	19:05.8	5:46.4 (131)	11:59.7 (127)
134 Juan Alcala	SO	718	Columbus Community Junction	89	19:08.6	5:50.6 (139)	12:12.5 (135)
135 Creston Cordes	SR	807	Springville	90	19:10.0	5:43.6 (122)	12:07.1 (134)
136 Lincoln Thomas	SR	827	Tri-Center Neola	91	19:11.7	5:46.0 (129)	12:14.5 (140)
137 Drew Blakeslee	SO	697	Ankeny Christian Academy	92	19:13.1	5:50.5 (138)	12:13.4 (136)
138 Zak King	SO	809	Springville	93	19:14.1	5:44.6 (124)	12:07.1 (133)
139 Ethan Dunsbergen	JR	759	Lynnvile-Sully	94	19:15.5	5:46.5 (132)	12:14.1 (139)

<b>Athlete</b>	<b>Yr.</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>1 Mile</b>	<b>2 Mile</b>
140 Leo Jirak	FR	832	Van Buren County	95	19:18.8	5:51.3 (141)	12:20.7 (145)
141 Brody Cogdill	FR	841	Woodbine Community	96	19:21.8	5:50.0 (137)	12:13.8 (137)
142 Eli Shinn	FR	729	Danville	97	19:24.0	5:49.8 (136)	12:16.8 (141)
143 Drake Yurkovac	SO	822	St. Edmond Fort Dodge	98	19:26.7	5:57.1 (146)	12:17.3 (142)
144 Keegan Schnell	SO	762	Lynnville-Sully	99	19:28.5	6:00.2 (148)	12:19.4 (144)
145 Madden Gunsaulus	FR	760	Lynnville-Sully	100	19:30.2	5:53.2 (143)	12:18.3 (143)
146 Elijah Westercamp	SR	836	Van Buren County	101	19:40.5	5:51.0 (140)	12:26.9 (148)
147 Brandon Franklin	FR	725	Danville	102	19:41.8	5:52.4 (142)	12:13.9 (138)
148 Dakota Parker	SO	707	Baxter	103	19:47.7	6:01.3 (149)	12:24.2 (146)
149 Maddox Peters	JR	708	Baxter	104	19:47.8	6:01.4 (150)	12:24.5 (147)
150 Evan Arkema	SO	757	Lynnville-Sully	105	19:53.1	6:04.7 (153)	12:34.6 (150)
151 Jackson Meek	SO	834	Van Buren County	106	20:03.8	6:02.5 (151)	12:47.0 (151)
152 Jameson Pfrang	SO	694	ACGC	107	20:08.3	5:59.8 (147)	12:32.2 (149)
153 Thomas Knobbe	JR	817	St. Edmond Fort Dodge	108	20:20.0	6:15.1 (154)	12:59.0 (153)
154 Micah McCarty	JR	825	Tri-Center Neola	109	20:23.9	6:03.0 (152)	12:50.1 (152)
155 Logan Rainsbarger	SR	709	Baxter	110	20:59.2	6:15.7 (156)	13:10.1 (154)
156 Eli Johnson	JR	712	Bedford	--	21:42.7	6:20.7 (157)	
157 Parker Bonney	FR	704	Baxter	111	22:54.0	6:36.9 (158)	14:06.5 (155)
Noah Hinote	SR	1027	Greene County	--		6:15.5 (155)	
Brandon Leppert	JR	1114	Waukon	--		23:48.5 (159)	